



WORKOUT

The Ultimate in Personal Health and Fitness

Personal Training

Pricing Schedule

One on One Training 60min **\$80.00**

One on One Training 45min **\$60.00**

One on One Training 30min **\$45.00**

Two on One Training 60min **\$140.00**

Specific Training Programme only **\$135.00**

Fitness Assessment and Training Programme **\$150.00**

Boot Camp

Pricing Schedule

Per Session 45min **\$20.00**

6 Sessions in advance **\$100.00**

Corporate Group Sessions

Pricing Schedule

Price on application **P.O.A**

Pricing

- New Zealand Dollars
- All pricing is inclusive of GST

Payment Options

Payment is required in advance or at the time of consultation either by Cash, Cheque or Internet Banking.

Cancellation procedure

It is understandable that situations can happen which are outside of your control and you may not be able to make a training session.

If you need to cancel or reschedule a session, please provide at least **24 hours notice**.

Please note: when cancelling, if at least 24 hours notice has not been given full payment will be expected.

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